

# St. Albert of Jerusalem School March 2008 Newsletter



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Board web site: [www.dpcdsb.org](http://www.dpcdsb.org)  
School website: [www.dpcdsb.org/alber](http://www.dpcdsb.org/alber)

**Principal:**

G. Boudreau

**Vice Principals:**

B. Jones  
P. Golin

**Secretaries:**

T. Ball  
A. Charette

**Superintendent:**

M. Prospero

**Trustee:**

E. O'Toole  
(905)812-5163

**Parish:**

St. John of the Cross  
6890 Glen Erin Drive  
(905) 821-1331

**Pastoral Team**

Fr. Leo Huard  
Fr. Abraham Kulanjiyil  
Fr. Joseph Kalluvila  
Kate Watkiss, Pastoral Associate  
Julie Flynn, Pastoral Associate

## EASTER

God of Spring, our freedom and fresh  
hope  
You rekindle the sun after the death of  
winter,  
You send the gentle rains, to renew the  
face of the earth,  
Bring us new life,  
Urging us to shape a free and peaceful  
world.

May we use our talents and gifts in  
loving service

For the good of Catholic education.

Give us hearts that are patient,  
discerning and compassionate.

We desire to be your people of Spring,  
of freedom, fresh hope and  
resurrection.

Hear us, Creator God, in the name of  
Jesus,  
Your risen Son.

*“Upon our foundation, we continue to build the Spirit”*

### **March Virtue-Kindness**

*We are all deserve to be shown concern for our welfare and our feelings. We have all been given the fruit of the Spirit called kindness. Kindness can only been seen by actions. It is not enough to say I will be kind or I am kind. We must show that we are kind by our words and our actions. Through prayer and concentration we can get better at showing kindness to everyone we meet.*

### **Professional Development Day**

A Professional Development Day is scheduled for the purpose of: *evaluation of pupil progress and report card preparation:*

Friday, March 7, 2008

There will be no classes for students on this day.

### **Report Card/Conferences**

A formal written report will be distributed to students on Tuesday, April 8<sup>th</sup>. Parent/Teacher conferences will be held on the evening of Thursday, April 10<sup>th</sup>, 2008. More information regarding Conferences will be sent at a later date.

**Please Note:** If you wish to discuss your child's progress at any time throughout the year, please feel free to contact the school and set up an appointment with the appropriate teacher.

**MARCH BREAK**  
March 10-14 Inclusive  
Classes Resume  
Monday, March 17th

### **Grade Three and Grade Six EQAO/Provincial Assessment**

Each year grade three and grade six students in Ontario are assessed in reading, writing and mathematics for a period of five days. This year the dates for this assessment are: May 26<sup>th</sup>, 2008 to June 6<sup>th</sup>, 2008. Please keep this in mind when booking appointments. Thank you.

### **Spirit Week**

SPIRIT WEEK is coming to St. Albert the week of MARCH 31<sup>st</sup> to APRIL 4<sup>th</sup>. Students and staff will be participating in a variety of dress up days to show our Angel Spirit and to raise money for Share Life. Students and Staff are asked to bring a minimum donation of \$2.00 for the week if they choose to participate in the activities.

Monday	Pajama Day
Tuesday	80's Day
Wednesday	St. Albert Cheer Day Wear our school colours Create a class cheer
Thursday	Crazy Hair/Hat Day
Friday	Sports Day



Looking forward to seeing all of St. Albert showing their spirit!!

### **Parking on Neighboring Streets**

When parking your vehicle on our neighboring streets, please park on one side of the road. Due to the amount of snow we have received this year, our roads have become narrow. With cars parked on both sides of the street, residents are having difficulty driving out of their street. We encourage you to use the parking lot at the end of Sandhurst.

### **Kiss n Ride**

When waiting at the Kiss n Ride, please do not block the entrance to any roads, specifically, Sandhurst. Ensure that you leave enough room for residents to exit their streets.

## **ARE YOU MOVING?**

If you plan to move before next September, please advise the office. This will assist us with organizing for next year. We will also provide you with the necessary School Transfer Form.

## **Author Visit-M. Wade**

On Thursday, February 29<sup>th</sup>, St Albert of Jerusalem School had its first author visit. Mr. Michael Wade, author of the **And Then It Happened...** series, enchanted and amused the students and staff with his wit, humor and his awesome stories. Students were engaged in assisting Mr. Wade in drafting his next novel, by providing ideas and suggestions and fully participating in the writing process without realizing it. Michael's message was that everyday words have power and that knowing this fact can make anyone an author. Check out Michael Wade's website at <http://www.boysbookshelf.com>.



## **Candy Gram Fundraiser**

This event was a HUGE success! The students from Ms. DeMarco's Grade 7 class are proud to announce that \$748.00 was raised through the sale of candy grams.



## **Intermediate Girls Basketball**

The intermediate Girls Basketball team had great success this season. The girls won the Mississauga North division finishing with a regular season of 4-0. The strong finish gave them a birth in the family tournament at St. Joan of Arc. S. S. The girls played well throughout the tournament. They had a tough semi-final game in which the girls never gave up but unfortunately lost. Congratulations on a great season!

Team members include: Chinello N., Jade C., Matea Z., Danielle G., Rachel V., Sarah M., Hope S., Gabrielle R., Bernadette C., Melissa C., and Michelle A.

## **Public Speaking**

On February 12<sup>th</sup>, 2008 the Junior and Intermediate Divisions held their annual public speaking competition. The quality and content of the speeches were exceptional, making the judges' decisions very difficult. It is with pride that the staff of St. Albert of Jerusalem School congratulates all students on their fine efforts.

The junior contestants selected from their classrooms were: Rebecca B., Kimberly D., Jacob D., Lauren P., Vanessa M., Michelle M., Samantha T., Corrie A., Christopher M., and Evona O.,

### **First Place:**

Katrina K. How to Bug Your Teacher

### **Second Place:**

Jacob D. If I Was a Girl

### **Third Place:**

Corrie A. Ferbies

### **Overall Junior Winner**

**Katrina K.**

The intermediate contestants selected from their classrooms were: Olivia B., Jesirene B., Ryan P., Danielle R., Natalia B., Andrew B., and Ashley M.

### **First Place:**

Nicole Styrzczula Planet X

### **Second Place:**

Danielle R. The Past, The Present and The Future of the Number 13.

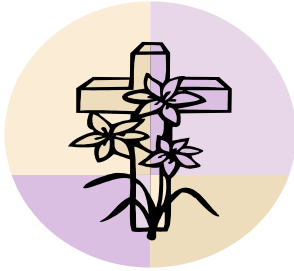
### **Third Place:**

Ashley M. Global Warming

### **Overall Intermediate Winner**

**Nicole S.**

## St. John of the Cross Parish



### Holy Week Schedule

#### Holy Thursday

March 20<sup>th</sup> 8:00

#### Good Friday

March 21<sup>st</sup> 10:00 am  
3:00 pm  
7:00 pm

#### Easter Vigil

March 22<sup>nd</sup> 8:30 pm

#### Easter Sunday

March 23<sup>rd</sup> 8:00 am  
10:00 am  
12:00 pm  
5:00pm

## March is Nutrition Month

Colour Your World  
with Vegetables & Fruit



Vegetables and Fruit are 1 of 4 food groups in “Eating Well with Canada’s Food Guide”.

They help you stay healthy because they are loaded with vitamins, minerals, fibre and antioxidants. Vegetables & fruit are important for growth, development, weight control, bone health, heart health and reducing the risk of developing diabetes and certain types of cancer.

People in Canada do not eat enough vegetables and fruit. Seven out of ten children aged 4 to 8 and half of adults do not eat even five servings each day.

“Dietitians of Canada” recommend we:

- Eat dark green and deep orange vegetables such as broccoli, spinach, winter squash and carrots, as well as fruits such as berries, oranges and melons because they are filled with health promoting nutrients
- Include frozen and canned vegetables and fruit. They are as healthy as fresh. They can also be cheaper and more convenient.
- Try seasonal, colourful vegetables and fruit
- Enjoy vegetables & fruit more often than juice. Their crunch and fibre are more satisfying and filling. They also have more nutrients.



Recommended number of Vegetable and Fruit servings.

4	2-3 years
5	4-8 years
6	9-13 years
7	14-18 females
7-8	14-18 males
7-8	19-50 females
8-10	19-50 males
7	51 years and older

Helpful Website:

[www.peelregion.ca](http://www.peelregion.ca) – see “Eating Well”

 **Region of Peel**  
*Working for you*  
Public Health