

February: Respect

God wants us to treat all people with the respect they deserve.

A respectful person...

- uses a positive tone of voice and body language
- avoids swearing, name-calling, put-downs, and inappropriate gestures
- says 'Excuse me', 'Please', 'Pardon me'
- avoids gossip



We all deserve to be treated respectfully by others. However, in order to be respected we also have to respect ourselves. Everyone has a right to go to a school free of gossip, name-calling, and put-downs. We should expect to be treated with respect by everyone we meet – our brothers and sisters in Jesus.



Sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you for a reason for the hope that is in you, meekness and fear; having a good conscience, that when they defame you as evildoers, those who reviled your good conduct in Christ may be ashamed.

1 Peter 3:15-16

Respect is love in plain clothes.

Frankie Byrne

We show our respect for the Creator by our stewardship of creation

US Conference of Catholic Bishops

How can you show respect to those around you?