



# International Baccalaureate Form CAS/AEF

## CAS: activity/project self-evaluation form

SUBMIT TO: **ACTIVITY/PROJECT LEADER**      SESSION: .....

SCHOOL NUMBER: 

0	0						
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SCHOOL NAME: .....

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• *The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions. Type the information or write legibly using black ink.*

### CANDIDATE SELF-EVALUATION

CANDIDATE NAME: \_\_\_\_\_

CANDIDATE SESSION NUMBER: 

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NAME OF ACTIVITY/PROJECT: \_\_\_\_\_ NO OF HOURS (APPROX): 

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1. Summarise what you did in this activity/project and how you interacted with others.

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2. Explain what you hoped to accomplish through this activity/project.

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3. How successful were you in achieving your goals? What difficulties did you encounter and how did you overcome them?

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4. What did you learn about yourself and others through this activity/project? What abilities, attitudes and values have you developed?

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**International Baccalaureate**

**Form CAS/AEF (reverse)**

SCHOOL NAME: .....

5. Did anyone help you to think about your learning during this activity/project? If so, who helped and how did they help?

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6. How did this activity/project benefit others?

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7. What might you do differently next time to improve?

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8. How can you apply what you have learned in other life situations?

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Candidate's signature: ..... Date:.....

**To be completed by the activity/project leader**

Punctuality and attendance: \_\_\_\_\_

Effort and commitment: \_\_\_\_\_

Further comments: \_\_\_\_\_

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The activity/project was (circle the desired response):

Satisfactorily completed

Not satisfactorily completed

Activity/project leader's name: .....

Activity/project leader's signature: ..... Date: .....

*Please give this form to the CAS coordinator when it has been completed.*