

Yee Hong Mississauga - Volunteer Training

頤康 - 密西沙加 - 義工訓練

Yee Hong Centre is committed to being a centre of excellence that provides vision and leadership. We develop quality services to enable seniors of different backgrounds and needs to live the fullest - in the healthiest, most independent and dignified way.

Do you enjoy

- ⊙ *working with seniors,*
- ⊙ *making new friends,*
- ⊙ *discovering new talents,*

When

From June 26 to August 21
Alternate Thursdays:
Training sessions on,
2:30pm-5pm
Monday to Friday:
3-5 hours of in-service
training per week, flexible
hours

REACH OUT
Become a
volunteer

Where

5510, Mavis Road,
Mississauga
Yee Hong Centre for
Geriatric Care

Programs include:

Program skills, communication skills, interpersonal relationship, risk and stress management, life-enhancing skills, leadership, volunteerism and

Lots of hands-on volunteer experience ♦

Free!
All are
welcome !♦



Please Register with Ms. Pinky Man at 905-568-0333 ext. 4640
before **June 10, 2008** 報名及查詢請電 905-568-0333 內線 4640
Email: pinky.man@yeehong.com

Volunteers! Make a World of Difference

♦ Must complete TB skin test and police check before engaging in actual services



Yee Hong Centre
For Geriatric Care

頤康中心

Summer Training for Volunteers of Mississauga 密西沙加區義工訓練計劃

Dates 日期 : June 26 –August 21, 2008

Venue 地點 : Yee Hong –Mississauga
5510 Mavis Road, Mississauga

Deadline for Registration 截止日期: June 10, 2008

Program fee 收費: Free

Requisition 參加需知: a) over the age of 16 and are willing to work with seniors

b) be willing to commit at least 3-5 hours per week in volunteering at Yee Hong

c) complete a 2-step TB skin test and police check

d) existing volunteers can register for any sessions

e) Only those who have attended all sessions will receive certificate of completion

Training Program 課程

Date 日期	Topic 題目
June 26 Thursday 2:15 -5pm	Yee Hong and Volunteerism 頤康之義工精神 (義工服務在頤康) <ul style="list-style-type: none"> - Role of volunteers - Volunteer duties at Yee Hong, - Nuts and Bolts of volunteering - Do's & Don'ts , - Teamwork
July 10 Thursday 2:15 -5pm	Program skills to serve seniors 活動程序技巧 <ul style="list-style-type: none"> - Feeding seniors - Program needs and activation for the seniors - Group facilitation – how to engage program participants <i>(Participants are expected to deliver a program they develop themselves.)</i>
July 24 Thursday 2:15-5pm	Communication skills and interpersonal relationship 溝通及人際關係 <ul style="list-style-type: none"> - Communicating and working with the seniors / people - Active listening and techniques in presenting yourself - Resolving conflicts and differences in work
August 7 Thursday 2:15-5pm	Stress and risk management in work environment 工作壓力及危機處理 <ul style="list-style-type: none"> - Rules and regulations governing health and safety in long term care facilities - Responsibilities in managing risks and legal implications. - Proactively identifying potential risks and analysing root causes of accidents - Causes of stress and ways of management
August 21 Thursday 2:15-5pm	Looking into the future: Life skills 生活技巧與探索 <ul style="list-style-type: none"> - Handling challenges and crises in life - Developing strategic mind set, attitude and goal setting - Evaluation & Celebration party organized by the participants

**Monday-
Friday
In July &
August
2008**

Hands-on

- 3-5 hours per week of volunteer service to practice the skills that have been learned
- Complete special group projects with fellow trainees



**Yee Hong Centre
For Geriatric Care**
頤康中心

Yee Hong Centre For Geriatric Care - Mississauga Centre
Volunteer Summer Training 2008

Last Name: _____ **First Name:** _____ **Chinese Name:** _____

Address: _____ **City:** _____

Postal Code: _____ **Language Skill:** _____ **Tel:** _____ **Vol. #** _____

Please check your available time for volunteering in July and August 2008:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9- noon							
12-1pm							

2-5pm							
5-6pm							
6-7pm						X	X

Remarks: Completion of Tuberculosis Test (2-step-TB Skin Test) and a Police check are required.

**Please contact the volunteer coordinator Pinky Man – 5510 Mavis Road, Mississauga, ON, L5V 2X5, Canada.
Phone: (905) 568-0333 x 4640 Fax: (905) 568-0026 Email: pinky.man@yeehong.com**

Thank You for Your Commitment